

# Family Beach Vacation

## PACKING LIST

### *beach essentials*

- Beach bag
- Sunscreen
- Beach towels
- Swimsuits
- Rash-guard shirts with SPF
- Sunglasses
- Hat
- Snacks
- Life jacket

### *beach toys*

- Bucket, shovels and other sand toys
- Beach ball
- Frisbee that floats
- Inflatable water toys
- Swim goggles
- Beach games like volleyball or badminton
- Water pistols

### *clothes*

- Swimsuit
- SPF protection shirt
- Cover-up
- Dry change of clothes

### *for kids in diaper*

- Swim diaper
- Baby wipes
- Diaper rash cream
- Diaper changing pad
- Baby hat
- Sun umbrella or sunshade
- Baby sunglasses
- Baby bottles and milk (if you formula feed)
- Baby snacks

### *electronics*

- Kindle or other e-reader
- Smartphone
- Waterproof Bluetooth speaker

### *odds and ends*

- Hand-held spray mister
- Bug spray
- Lip balm with SPF protection
- Sandals or flip-flops
- Water shoes
- Books or magazines
- Battery charger
- Beach blanket
- Beach chairs
- BBQ or camping stove
- Mask, snorkel and fins

### *food*

- Cooler
- Ice
- Water
- Drinks with lids
- Cut up fruit
- Ready-made sandwiches
- Dried fruit, fruit roll-ups, cookies or gummy bears
- Cheese strings, Goldfish Crackers, chips or pretzels
- Garbage bag